

Tendency Skill:

Do - Sol

Ex. 1

D R M F S D S F M R D

Ex. 2

D R M R M F S D S F M R D

Ex. 3

D S F M R D S D R M R D

Ex. 4 *sing the solfege without writing it in*

D M

Ex. 5

D D R D S S S D R M F S S D

Ex. 6 *write in the solfege*

D

Ex. 7

D S F M R M F S D R M F S D D

Ex. 8 *divide into 2 sections*

S S F M R M R D

D R M R D R M F F S

Tendency Skill: Stepwise movement

Ex. 1

D R M F S F M R D R D T D R D

Ex. 2

D R M F S F R D R M F S F M R D

Ex. 3

D R M F F S L T D T L S F M R D

Ex. 4 *sing the solfège without writing it in*

D

Ex. 5

M F S F T L T D

Ex. 6 *write in the solfège*

D R

Ex. 7

S F M M R D D R D T D R D

Ex. 8 *divide into 2 sections*

S L S F M F S L T D R D

M R D T D R M F S F M

Tendency Skill:

Re - Do

Ex. 1

D R M F R D R M F R D R D

Ex. 2

D M R D S F M S F R D

Ex. 3

D R M F L S R D S L S F M R D

Ex. 4

S L S F M R S S R D R M F S L R D

Ex. 5 *write in the solfege*

M

Ex. 6

R S L T R D S R D

Ex. 7 *sing the solfege without writing it in*

D

Ex. 8 *divide into 2 sections*

M F S S R D R M M F S L T D
D R M F S R D R M S F M

Tendency Skill:
Ti - Do

Ex. 1

D R M F S T D S S F M R T D

Ex. 2

S S F M T M F S L T D

Ex. 3 *write in the solfege*

D

Ex. 4

S F M M T D R M F F S L T D

Ex. 5 *write in the solfege*

S

Ex. 6

D D D D D

Ex. 7 *sing the solfege without writing it in*

D T D T D

Ex. 8 *divide into 2 sections*

S L S F M F S F M R S L T D R T L S T D
D M F M R D R M F S M F M R D R F M

Tendency Skill: Mi - Re - Do

Ex. 1

D D S M M

Ex. 2

D R D S L M M

Ex. 3

M F M D S M

Ex. 4 *sing the solfege without writing it in*

D

Ex. 5 *write in the solfege*

M

Ex. 6

D S M R M F L M

Ex. 7

M R D S F M F S L T L F M R D

M R D S F M F S L T L F M R D

Tendency Skill:

Fa - Mi

Ex. 1

D M F M D S

Ex. 2

D S D F D M D F M

Ex. 3 *sing the solfege without writing it in*

S

Ex. 4

D F D F D S T

Ex. 5

S F M S F S T

Ex. 6 *write in the solfege*

D

Ex. 7

D R F F T F M

Ex. 8 *divide into 2 sections*

S L D F M R S L T D
D F M R S F M D F M

Tendency Skill:
La - Ti - Do

Ex. 1

D S L T S S D

Ex. 2

D L T D R M F M L T

Ex. 3 *sing the solfege without writing it in*

S S

Ex. 4

M S L D L R T L T D

Ex. 5

D F L S F M L

Ex. 6 *write in the solfege*

S L< S L T M F R S P L T D S P L T D

Ex. 7 *divide into 2 sections*

S F M R L T D R D L S F M
T T D R F F M R M F M R L T D

Ex. 1

Exercise 1 consists of three staves of music in 4/4 time. The first staff begins with a treble clef and a key signature of one flat (B-flat). The notes are D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. A 'D' is written below the first note. The second staff continues the sequence: F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4, B3, A3, G3. Fingerings 'F', 'S', and 'D' are indicated below the first, fourth, and eighth notes respectively. The third staff continues: R4, A4, G4, F4, E4, D4, C4, B3, A3, G3, F3, E3, D3. A 'R' is written below the first note.

Ex. 2

Exercise 2 consists of three staves of music in 3/4 time with a key signature of three flats (B-flat, E-flat, A-flat). The first staff notes are D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. Fingerings 'D', 'F', and 'S' are indicated below the first, fourth, and eighth notes. The second staff notes are T4, R4, D4, C4, B3, A3, G3, F3, E3, D3. Fingerings 'T', 'R', 'D', and 'F' are indicated below the first, second, sixth, and eighth notes. The third staff notes are S4, F4, E4, D4, C4, B3, A3, G3, F3, E3, D3. Fingerings 'S', 'F', and 'S' are indicated below the first, fourth, and eighth notes.

Ex. 3

Exercise 3 consists of two staves of music in 4/4 time with a key signature of one sharp (F-sharp). The first staff features a complex rhythmic pattern with sixteenth and thirty-second notes. Fingerings 'D L', 'R D L', and 'S' are indicated below the first, fourth, and eighth measures. The second staff continues the pattern with fingerings 'R', 'L', 'R', and 'R' indicated below the first, second, fourth, and eighth measures.

Ex. 1

Exercise 1 consists of three staves of music in G major (one sharp) and 4/4 time. The first staff contains notes with fingerings S, D, S, F, and S. The second staff contains notes with fingerings S, L, S, and R. The third staff contains notes with fingerings D, D, D, S, and D.

Ex. 2

Exercise 2 consists of three staves of music in B-flat major (two flats) and 3/4 time. The first staff contains notes with fingerings D, S, and S M D. The second staff contains notes with fingerings R, S, and M. The third staff contains notes with fingerings R, F, S, T, and D.

Ex. 3

Exercise 3 consists of two staves of music in C major and 4/4 time. The first staff contains notes with fingerings M, S L, L, S M, F, L M, S R, F, and S. The second staff contains notes with fingerings L, F, M, R, D S F, R, S F, and R M.

Tendency Skill:

Do - Sol

Ex. 1

S D L S D S F D

Ex. 2

D S D L S D F M

Ex. 3

D S D D S F S

Ex. 4 *sing the solfege without writing it in*

M

Ex. 5

D S S S S D

Ex. 6 *write in the solfege*

Ex. 7

S D D F R D T L S D

Ex. 8 *divide into 2 sections*

D S S D F R S R F R S

Tendency Skill:
Stepwise movement

Ex. 1

S F D

Ex. 2

D T F D

Ex. 3

M R S T D

Ex. 4 *sing the solfege without writing it in*

D

Ex. 5

D M F S D

Ex. 6

M R D R D R S

Ex. 7

D L M L

Ex. 8 *divide into 2 sections*

S L S M F S R
D R R T M F